



First, watch  
this week's  
video!

Respect:  
Showing  
others they are  
important by  
what you say  
and do

### Memory Verse

"Do to others as  
you want them  
to do to you."  
Luke 6:31, NIV

### Bible Story

Calling of  
the Disciples  
Luke 5:1-11, 27-32

### Bottom Line

Include people  
who are left out.

Use this guide to help your family  
learn about respect.

## Activity

### Hide-and-Stuffed-Seek

#### What You Need:

Several stuffed animals, a large object that one of the stuffed animals can hide behind, and a music player with upbeat music

#### What You Do:

Lay out all the stuffed animals and invite your child to play a game. Say, "I'm going to turn on some music. While it's playing, you have to turn around so you can't see. I'll hide one of these stuffed animals behind the [large object]. When I turn off the music, turn back around and try to guess which stuffed animal I hid."

Allow your child a moment to view all the stuffed animals before you play the music.

Hit play, and while your child is facing away from the stuffed animals, hide one of them behind the large object. Rearrange the stuffed animals so your child won't immediately notice which one is missing. Then, turn off the music.

Say, "Turn around!" If they guess the correct stuffed animal, congratulate them. If they don't, give them another guess and then reveal which stuffed animal you hid.

Keep playing until all the animals have been hidden and guessed, or as long as time allows. When you're finished playing, say, "You did a great job figuring out which animal was missing from the group. Sometimes, in real life, people can get left out too, can't they?"

## Talk About the Bible Story

How does it feel to be left out? (*Bad, sad*) How does it feel to be included? (*Good, happy*)

How did Jesus' choice in disciples show that He didn't play favorites? (*He chose a wide variety of people to be His disciples—even a tax collector, who would not have been very popular at this time.*)

Jesus once said, "In everything, do to others what you would want them to do to you." (*Matthew 7:12, NIV*) What does that mean? (*Be kind to other people in the way that you'd want them to be kind to you.*)

How can you include people who may feel left out? (*Invite them to sit with you at lunch, invite them to play with you on the playground, wave to them in the hallway, encourage your friends to include them too*)

*Parent: Tell your child about a time when you treated others the way you wanted to be treated and included someone who was left out. You may have sat beside someone who was hurt, invited a new kid to your birthday party, or even asked your younger sibling to play with you and your friends.*



## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, thank You for making all of us in Your image. Thank You that we are ALL important and WORTHY of love. Just like Jesus, help us choose to include people who are left out. Help us love people like YOU love them. In Jesus' name we pray, amen."

# Respect is showing others they are important by what you say and do.

Read: Philippians 2:4



DAY  
1

## You're It!

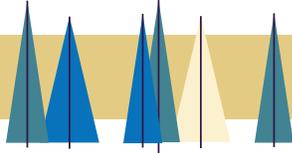
Ask some friends to play a game of freeze tag. Take turns being "it." After playing a few rounds think through some of these questions:

What did it feel like when you were frozen and everyone kept playing without you?

Have you ever felt left out in your life?

Can you think of someone who might feel left out sometimes? How can you be a good friend this week?

**KNOW that Jesus included everyone.**



DAY  
2

## Even When It's Hard

Close your eyes and draw a picture of someone you respect. It's hard to draw with your eyes closed, isn't it? But while you were drawing you always saw in your mind exactly what they looked like even if it didn't really look like them. Remember, even when it's hard, you can respect others like Jesus would.

**LOOK for ways that you can show others they are important by what you say and do.**

DAY  
3

## Look Out For Others

Look up Philippians 2:4 and read it aloud with someone in your home. Talk through some ways you can look out for the good of others tomorrow at school, in your home, or neighborhood.

**ASK Jesus to help you see the needs of others.**

DAY  
4

## Bring Them In

Pray and ask Jesus to help you be friends with others. You can come up with your own prayer or pray something like this:

~~~~~  
 "Dear Jesus, Today I come to you praying that you will make it clear to me when someone needs a friend. I pray for the courage to reach out to them and bring them in. I pray I can show your love by the way I treat them. Amen."  
 ~~~~~

**THANK Jesus for being the best example of a friend who brings others in.**



Include people who are left out.



# Respect is showing others they are important by what you say and do.

## DAY 1

### Read Luke 6:31

This month is all about respect: showing others they are important by what you say and do. When we use kind words, include others, listen or let others go first, we show them respect.

When it comes to showing respect, Jesus told us how to do that: treat others like you want to be treated.

Take a moment to put yourself in someone else's shoes. How would you want to be treated? Write down your thoughts in the space below. Ask God to help you to show respect this week.

It's time for recess. You want to play Tag, but all your friends want to play kickball.

.....

You and your brother are fighting over the remote.

.....

Your Mom is carrying in a bunch of stuff into the kitchen. You're sitting at the table playing a game.

.....

Your sister is telling a story and it reminded you of something that happened at school. You really want to interrupt her to tell your story!

.....

## DAY 2

### Read Philippians 2:4

Think back over this past week. When did you feel respected? What happened?

It's easy to think about ourselves and how we feel. But in today's verse, Paul shares that people who show others respect do the opposite! Instead of looking out for themselves, people who show respect look out for others.

Grab a card and write out the words of today's verse in big block letters. Decorate the card any way you choose but make it colorful, so it stands out. Now tape that card on a mirror. Every time you look at yourself in that mirror, stop, read the verse aloud, and ask God to help you put others first as you show them respect with your words and actions.



DAY 3

### Read James 2:1

We all have a big sense of fairness. We want to take turns. To share. To divide things equally. However, sometimes it's impossible to make things fair for everyone.

But it's possible to treat everyone the same. It's possible to show respect to everyone. The key is found at the beginning of this verse. What does James say? "You are ..... in our glorious Lord Jesus Christ." What's the missing word? Yes! When you put faith or trust in Jesus, He will help you treat everyone the same. He doesn't expect you to do it by yourself!

Every day, before you head out the door for school, stop and pray this prayer: "Jesus, help me treat everyone the same, today."

DAY 4

### Read Luke 5:30-32

Back in New Testament times, Jewish families were required to go to a tax collector to pay the taxes they owed to the Roman government. But tax collectors could be dishonest, charging their fellow Jews far more than what was owed so they could keep the extra for themselves. People didn't like them too much.

Most Jewish people would never hang out with tax collectors. But Jesus did. Jesus paid attention to those who were left out or overlooked. He loved people who others didn't.

Jesus loves us too. Even when we mess up or fail. He invited even the tax collectors to follow Him, and Jesus invites you to follow Him too.

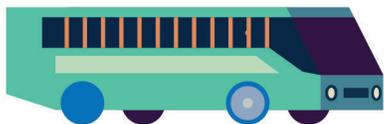
When you're with your family, take a moment to read Luke 5:30-32 and discuss the following questions:

Who were the Pharisees? Why did they complain about Jesus?

What was so important about Jesus' answer?

How can you show respect to others like Jesus?

**Include people  
who are left out.**



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### Memory Verse

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### Bible Story

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the Disciples  
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### Key Question

When have you  
felt left out?

## Activity

### Favorites

#### What You Need:

No supplies needed

#### What You Do:

Invite your child to play a game with you. Tell them you're going to give them a category, and they have to respond with their favorite thing or person in that category.

Say, "What's your favorite . . ." and fill in the ". . ." with the categories below.

#### Categories:

- color
- food
- drink
- music
- animal
- show
- movie
- fictional character
- ice cream flavor
- restaurant
- book
- celebrity
- smell
- car
- place to go with family
- sports team
- instrument
- subject in school

When you're finished, say, "It's okay to have favorites. It's even okay to have favorite friends. But if we play favorites, how can that hurt other people?" (*When we leave them out or make them feel excluded*)

## Talk About the Bible Story

How did Jesus' choice in disciples show that He didn't play favorites? (*He chose a wide variety of people to be His disciples—even a tax collector, who would not have been very popular at this time.*)

Why do you think we often play favorites based on how someone looks or acts? What do you think should happen instead?

Jesus didn't choose His disciples based on how they looked or how popular they were. If Jesus showed up at your school, who are the kinds of people He'd probably sit with at lunch?

It's not wrong to have a close group of friends—Jesus did. But when can that become a problem and cause others to feel excluded? What can you do to keep that from happening?

*Parent: Tell your child about a time when you treated others the way you wanted to be treated and included someone who was left out.*



## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, help us to follow the example of Jesus and treat everyone with respect. You made each person and created us unique and special. When we're tempted to not include someone, remind us how it feels to be left out. We love You and want to follow Your example. Show us how to include others in our circle of friends so that no one feels left out. In Your name we pray, amen."

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



A series of horizontal dotted lines for journaling, starting from the top of the page and extending down to the bottom of the page.



Day 1

After watching, write one thing that:

Go to <https://bit.ly/PreteenSundaysatHome> and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

1. You liked:

2. You learned:

3. You'd like to know:

A series of horizontal dotted lines for writing answers to the questions, starting from the top of the page and extending down to the bottom of the page.

## Day 2

Read Luke 5:1-11, 27-32

As you read through Luke 5:1-11, 27-32, underline the group of people who were likely assumed to be the followers of God's Son.

Then circle the names of the men who were **actually** Jesus' followers.

The fishermen and the tax collector were not the types of people that others would have expected to play such a big part in Jesus' story. And yet, Jesus included them! Jesus chose to include people who others overlooked. It was from these unlikely people that Jesus chose His closest friends—His disciples.

Jesus wasn't worried about collecting the "right" followers or popular friends. Instead, He included everyone. He chose to spend His time with people who saw how much they needed Him—instead of people like the religious leaders who thought they were too important to need help.



## Day 3

Including others isn't hard, but it's also not always easy—or at least, it requires a bit of courage.

Thankfully, God is always with us to give us that courage to include others. All we have to do is ask!

Use the prompts below to write out a prayer. Pray the prayer out loud, asking God to help you have the courage to **include people who are left out.**

"Dear God, thank You for . . .

Help us show others . . .

Help us include. . .

In Jesus' Name, we pray. Amen."



## Day 4

From Jesus' life and teachings, we know that one way we can show others they are important is by including people who are left out.

Sometimes the people who are left out are really obvious—like the new kid who sits by himself at lunch—but sometimes it takes going through our day with our eyes wide open, looking for others who might be feeling left out. When you do find them, it doesn't take much to talk to them in a way that makes them feel included!

Who can you talk to today to make them feel included? Circle all of the ideas below that you think you can do this week to make others feel included.

- Greet the crossing guard or bus driver
- Ask your teacher how her day is going
- Put down your phone or device and talk to the person next to you
- Invite the new kid at lunch to sit with you
- Take a screen-free afternoon and spend time with a younger brother or sister
- Thank someone who helps you, like the cafeteria worker or mail worker
- Invite someone in your neighborhood (who you don't usually hang out with) over to play a game
- Other: \_\_\_\_\_

## Day 5



Hopefully you learned a lot from your day of intentionally including others—like how easy it is to do, and how much joy it can bring you.

But showing others they are important by what you say and do isn't a one-and-done situation. We need to choose to **include people who are left out every chance we get!**

Sometimes this is harder than others, especially when the person being left out is someone (including you) everyone finds annoying.

Think about who that person is in your life—someone you find it hard to include. Write their initials here: \_\_\_\_\_

Now make a plan to start slowly including this person, such as,

1. P<sup>R</sup>aying for them
2. Gre<sup>E</sup>ting them
3. Asking a que<sup>S</sup>tion about their life
4. Inviting them to P<sup>L</sup>ay with your friends
5. Inviting th<sup>E</sup>m to sit with you
6. Ex<sup>C</sup>hanging phone numbers
7. Inviting them T<sup>O</sup> your house

You may not make it all the way to step 7 with this person, but see how far you can go. And maybe you'll end up with a new friend! The next time you see someone who is overlooked, add their initials and start the RESPECT process all over!